

Autumn Academic Meeting - Friday 11th September 2026

Louisa Martindale Building, Royal Sussex Hospital, Eastern Road, Brighton BN2 5BE

Mental Health in Children and Young People with Epilepsy

09.00 - Registration and refreshments

09.25 - Welcome and introduction to the day

09.30 - Epilepsy and mental health – what do we know? (Dr Ashley Liew).

10.00 - Recognising additional mental health needs in CYPE who also have a learning disability (Dr Charlie Moss, Vanessa Carter and Matt Steeples).

10.20 - Refreshment Break

10.50 - Social Media: understanding the addictive algorithm. From advertising to anxiety (Dr Sharmila Jeyasingh)

11.20 - Workshop 1: Mental health screening in the real world. (Clinical Nurse Specialist's Lee Collins and Rochelle Gilder).

11.50 - Workshop 2: Fatigue, depression or motivation? (Dr Priya Mathad and Dr Sharmila Jeyasingh)

12.20 - The MICE project - what it was, how it worked and what's next for the integration of mental health in physical health clinics (Dr Sophie Bennett)

13.00 - Lunch

14.00 - When mental health concerns warrant medication, who decides and prescribes? (Dr Michael Absoud)

14.30 - Resources for support and intervention: a structured panel discussion (All presenters)

15.15 - Refreshment break

15.30 - 'Let's talk' - The value of the Clinical Nurse Specialist in supporting mental health and well-being (Clinical Nurse Specialist's Laura Hutchinson, Emily Merrifield and Emma Cowen)

16.00 - Q/A and thanks.

16.30 – Close and we would love to invite you all to a relaxing social in the Thomas Kemp pub just across the road.

This event has kindly been sponsored and supported by the following pharmaceutical companies who have no input in the content of this agenda