

**EPILEPSY IN CHILDHOOD AND ADOLESCENCE:
INFORMATION CHECKLIST**

- To be discussed with the parents and child/ young person at initial and subsequent doctor and nurse consultations
- Details of discussion should be recorded in the child's notes
- Please indicate N/A if item not considered appropriate
- The checklist is divided into sections, according to likely appropriate timing for information needs, but some items in later sections may be immediately relevant and vice versa

The following will need to be done after a single seizure, but may need to be repeated

Information	Date/ initials	Date/ initials	Date/ initials	Date/ initials
What to do in the event of a seizure				
What to do in the event of status epilepticus				
Is there an upto date rescue medication protocol?				

The following is most relevant to initial discussion, at point of diagnosis of epilepsy, but may need to be repeated

Information	Date/ initials	Date/ initials	Date/ initials	Date/ initials
Nature of epilepsy in general				
Specific information, based on axial classification if possible				
Options and reasons for further investigation				
Prognosis				
Impact on learning and development				
Psychological/ behavioural issues				
Safety (including advice on bathing, swimming, cycling etc)				
SUDEP				
Rationale and aims for treatment with AED therapy				
Options for treatment				

Adverse effects of AED, warning signs, when to seek medical advice				
What to do if missed dose of AED/gastro-intestinal upset				
Avoidance of triggers				
Provision of written information pack, including AED leaflet				

The following may be relevant at any stage

Information	Date/ initials	Date/ initials	Date/ initials	Date/ initials
Implications for lifestyle, leisure and social activities (including alcohol, recreational drugs, sleep deprivation, sexual activity)				
Implications for school and learning				
Implications for family planning and pregnancy				
Implications for driving				
Implications for employment				
Discussion re possible epilepsy surgery and non drug treatments				
Discussion about discontinuation of AED treatment				

The following should be updated at **every consultation**

Information	Date/ initials	Date/ initials	Date/ initials	Date/ initials
Provide contact details of named individual for information and advice: Please also record name here:				